


 iwil

 Illinois women
in leadership

together we will

IWIL CALENDAR 2005

NOVEMBER

Date: Thursday, November 17
Time: Breakfast (7:30 a.m.)
Location: Sangamo Club
Program: "Soaring to New Heights without Giving Away Who You Really Are" with U.S. Postal Inspector Tommy Coke on ID theft

DECEMBER

Date: Thursday, December 8
Time: 5:30 p.m.
Location: Illini Country Club
Program: IWIL Holiday Social "Soaring to New Heights: Preparing the Next Generation"

JANUARY

Date: Thursday, January 19
Time: Luncheon (11:30 a.m.)
Location: Inn at 835
Program: "Soaring to New Heights While Being Grounded" with Lisa Schmidt, spouse of Major Harry Schmidt

FORGOT YOUR PASSWORD?

ACCESS MEMBERS ONLY AT IWIL.BIZ

All IWIL members were mailed a letter containing the User ID and password required to access the Members Only section of www.iwil.biz. If you didn't receive the letter or forgot the password, contact Stephanie Sapetti, IWIL Website Chair.

PRESIDENT'S MESSAGE

Spread the IWIL Energy!

Val Yazell, IWIL President

Sunrise at Sangamo this month! As I write this article many days after our last meeting, I am still energized and refreshed at the number in attendance at our luncheon on the 20th of October. We had 91 members and guests in attendance! As many of you know, my business and interests lie in observing and understanding how energy affects our lives. Let me just say, that as an observer, one of the best places to attend to be energized would be a meeting of Illinois Women in Leadership. It is so important to your life and health to be in a nurturing and supportive environment and I want to thank each of you for your participation in IWIL and creating that kind of energy.

This month, I would like to spotlight **Kathleen Stevens** for all her work in preparing the recent by-law change and her preparation of several legal documents for the organization. Thank you, Kathleen.

Spread the energy of IWIL around; don't hang onto it. The more you reach out and give, the more will come back to you. Share your experiences with others and everyone will blossom!



Gonna Dream the Dream AGAIN!

Mark your calendar for Wednesday, May 3, 2006

Your IWIL Mentoring Committee recently launched the planning process for next spring's high school girls' Dream the Dream extravaganza. Once again it will be held after school at Southeast High School. The invitees will be lady freshmen.

We encourage all members to participate, either with an interview station to discuss your profession, to donate upbeat giveaways, to attend the event, or all three! This is our opportunity to share ourselves and inspire young women. The date is set for Wednesday, May 3.

We're ready to add you to the team of those committed to the event's success. See Karen Westbrook, IWIL Mentoring Committee Chair for more information, 546-9366 or

k.westbrook@insightbb.com – Kate Hein, Mentoring Committee Member

IWIL CREDO

"I WILL...

- make things happen,
- promote professionalism
- seek educational opportunities, mentor,
- participate,
- encourage others,
- climb the ladder,
- empower others,
- educate the world,
- make a difference,
- do more than my part,
- provide the initiative,
- take action,
- implement ideas,
- be involved in the process,
- give back to the community, and leave a legacy."

IWIL JOB BANK

WOMEN HELPING WOMEN CLIMB THE LADDER

A job bank is available for any individual or organization to post current job vacancies. You do not have to be a member to post vacancies, but you do have to be a member to view postings. Therefore, the job bank is housed within the Members Only section of www.iwil.biz. If you have a job vacancy you would like posted, please contact Stephanie Sapetti, IWIL Website Chair.

IWIL RESUME BANK

IWIL ALSO HAS A PLACE TO POST YOUR RESUME

The IWIL Resume Bank is available for any IWIL member to post her resume for a period of one month and you can extend it for an additional month by contacting the IWIL Web site Committee Chair. For guidelines, visit [IWIL Members Only](#).

IWIL TAX STATUS

The IRS has granted IWIL 501(c)(3) tax exempt status. Membership dues, contributions, and donations are tax deductible.

OCTOBER MEETING RECAP and MORE IWIL NEWS

"Soaring to New Heights – Rising from the Ashes!"

Guest Speakers Kay Gregg and Karen Wong, Project Return

IWIL member Kay Gregg, CEO of Rural Partners, told the crowd about Project Return, a faith-based nonprofit organization formed to assist women with children in the transition process from prison to community living in the Springfield area. Monthly meetings are held at Luther Memorial Church at 2600 S. 5th St. on the third Thursday of the month at 5 p.m. Project Return is a collaborative effort of members of Springfield churches who provide mentoring and resources to women who are six months from their incarceration release date.

Gregg gave many daunting statistics about women in prison and their challenges once they get out. Women account for 6.9 percent of all inmates nationwide and the female prison population has continued to increase by an average 5 percent per year. Most serve time for property crimes and drug offenses rather than violent crimes.

Karen Wong shared several stories of the women involved in the program. Wong is Director of Project Return, an Associate in Ministry for the Evangelical Lutheran Church of America and has been a part-time chaplain for Lutheran Social Services on the Women's Federal Prison Camp in Pekin. She says incarcerated women leaving the prison system face a number of challenges as they attempt to reintegrate into the community, reunite with their children and families and find work. Project Return is designed to help women with the process.

IWIL members who feel a calling for a mission such as this can contact Kay at 585-9242 for more information.

Welcome New IWIL MEMBERS!

- **Kristin Andress**, Owner, Andress Consulting
- **Heather Bigard**, Chief Financial and Operations Officer, Springfield College in Illinois
- **Kathy Chastain**, Compliance Officer, Athens State Bank
- **Patricia Earl**, Vice President Drug Division, H.D. Smith
- **Kay Fischer**, Owner, The Coaching Connection
- **Jill Kennedy-Broughton**, Life Coach for Women, It's All About Change
- **Rosemarie Long**, PSA, Illinois Department of Public Health
- **Diane M. Richardson**, Partner Services Administrator, Horace Mann
- **Sharon Rudin**, Business Manager/Owner, Midwest Family Broadcasting
- **Sue Scaife**, Executive Officer, Springfield Area Homebuilders Association
- **Pam Seppelt**, Silver Elite Program Director, U.S. Bank
- **Anna Seefeldt**, Project Lead, Horace Mann

SPECIAL INTEREST GROUPS (SIGs)

Want to network more with other IWIL members by sharing a more personal side of yourself?

Volunteers have started small special interest groups (SIGs) that meet outside the time constraints of our monthly meetings. If you want to join or start a group, contact **Rachel Broughton** at 793-0262.

Book Club

Val Yazell, 546-3860
See the [IWIL online calendar](#) for schedule and current reading selection.

Gardening

JoAnn Abrams, 546-2249
e-mail jabrams@rmc-bigenc.com

Golf

Mary Schaefer, 529-2600

Gourmet

Susan Wilcockson, 483-2774

Hiking

Viv Bennett, 622-8976
e-mail viv@springnet1.com

Scrapbooking

Julie Krehbiel, 546-6112 (work) or
546-0576 (home)

Support Group for Members with Aging Parents - LOVE

Marianne Jackson, 498-8962

The Underwires

Kate Hein, 498-8077
e-mail hein535@springnet1.com

Watercolor Painting

Shirley Caldwell Smith, 529-6959
e-mail caldwellsmith@sbcglobal.net

MORE IWIL NEWS AND RESOURCES



FESTIVE FUN FOR A GOOD CAUSE IWIL HOLIDAY SOCIAL AT ILLINI DEC. 8

Don't miss the IWIL Holiday Social at the Illini Country Club on December 8, 2005, at 5:30 p.m. – "Soaring to New Heights: Preparing the Next Generation." At the event we will be having a silent auction to raise money for our IWIL Scholarship Fund. Committee members have been making calls and asking for donations for the auction and have had some questions arise as to why they are asking for a value of the donations. There are two reasons. First, we would like to put an approximate value on the bid sheets with the items at the auction. This helps to let everyone know how the items are valued and hopefully will help increase the bids so we can make more money for our scholarship fund. Second, the donations are tax deductible. We will send a letter out to each member in January outlining the value of your donations that you can use for tax purposes. If you have further questions about donations or the holiday social please feel free to give me a call, 726-8780! - *Annette Piper, IWIL Hospitality Chair*

CHRISTMAS COOKIE EXCHANGE SUNDAY, DEC. 11

The Gourmet SIG is having a Christmas Cookie Exchange on Sunday, December 11 at 2 p.m. at Cheryl Western's home, 2808 Dryden in Springfield. Please e-mail Cheryl at cbenn@csj.net or Susan Wilcockson, Susan_Wilcockson@commerce.state.il.us if you plan to participate. **Replies must be received by December 5.**

LOOKING FOR A GOOD BOOK? BOOK CLUB SIG

The IWIL Book Club meets to have coffee and talk about *A Place Called Wiregrass* by Michael Morris and *The Kite Runner* by Khaled Hosseini on Saturday, November 5 at Rachel Broughton's home. The book for December is *Fall on Your Knees* by Ann-Marie MacDonald. See the [IWIL online calendar](#) for schedule and current reading selection.

MARK YOUR CALENDAR!

NEXT IWIL PROGRAM

When: 7:30 a.m., Thursday, November 17, 2005

Where: Sangamo Club, 227 East Adams Street, Springfield

Topic: "Soaring to New Heights without Giving Away Who You Really Are"

Speaker: U.S. Postal Inspector Tommy Coke

Coke will educate you on how to take preventive measures against identity theft. You're going to learn new ways to take care of your identity so you always know "There's Only One You!" **Cost:** \$14 Members, \$15 Guests, \$20 at the door.

Reservation forms can be found on the IWIL Website, www.iwil.biz, Calendar & Activities. A link to the form was included in this e-newsletter.

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EXECUTIVE BOARD

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Hospitality - Annette Piper

Membership - Susan Wilcockson

Mentoring - Karen Westbrook

Program - Kate Hein

Public Relations - Cheryl Snyder

Registration/Nametags -

Sally Sevenser

Scholarship - Diane Hillard-Sembell

Website - Stephanie Sapetti

*Newsletter design by IWIL member
Sharon Hewitt, Hewitt Graphic Design*



"Soaring to New Heights"

Send your **IWIL news** to
info@iwil.biz!

If you wish to opt-out of future e-mail communications, please let us know by sending a message to info@iwil.biz and you will be added to the snail mail list.

SOMETHING TO TALK ABOUT

Announcements & IWIL Member News

Mary Schaefer and **Ann Londrigan** are pleased to report that the **Illinois Association of REALTORS** officially broke ground on Oct. 6 for its new headquarters at 522 South Fifth Street near the State Capitol. Among the dignitaries there to welcome IAR was IWIL member **Cindy Davis**, president of Downtown Springfield, Inc. Learn more at www.illinoisrealtor.org.

Julie Krehbiel is giving rubber-stamping and card-making workshops in her home. For more information, call her at 546-0576 or e-mail her at tkjk88@insightbb.com.

Jeana Whitley is an independent consultant with **Arbonne International**, a 25-year-old health and wellness company based on botanical principles. Contact Jeana about Arbonne's awesome RE9 anti-aging skincare line.

Jewelry, perfume, gifts galore—you are invited to visit the store! Shop early to make it hassle-free...this can happen for you, just see me. For hard-to-buy folks, this is the key. Just choose a gift album, the rest is up to me. Contact **Ruth Combites** by Nov. 23 at combites61@grics.net.

The weight management team of **Linda Castor** and **Nancy Wisleder** are proud to announce that they have incorporated their knowledge of healthy eating into a new, compiled reference book that they are selling for just \$20. And learn about their fall workshops at www.WeightPlanForLife.com.

Jean Jachino is starting a part-time jewelry business "**3 Girls Who**" and you are invited to an open house on November 4 from 6:30 to 8:30 p.m. Call Jean at 652-2285.

This fall treat yourself to a new look with a complimentary Mary Kay facial and glamour makeover for a BOOOOOTIFUL new you! **Carla Mayernick** with **Mary Kay Cosmetics** needs face model volunteers at Northfield Center Nov. 8 at 6:30 p.m. Contact Carla at 627-3223, cmayernick@marykay.com.

Sally Sevenser, owner of **Sally's Organizing Service** reminds us... "There is no better time to get organized than to get organized NOW! Call Sally at 741-0433.

Is there something in life that you are wanting for yourself but just cannot seem to get moving in that direction? Partnering with a Life Coach is a great way to get you there. **Jill Kennedy-Broughton** is a certified **Life Coach for Women**. Try a complimentary coaching session with Jill by calling 698-8505, www.itsallaboutchange.com.

JoAnn Abrams is please to announce her new direct sales business "**Private Quarters**," offering the highest quality linens and accessories for the bed and bath at affordable prices for a level of luxury reserved for the finest suites in Luxury Hotels. Call JoAnn at 652-2236.

PAY TO SAY GUIDELINES

Do you have an upcoming event, recognition or something to share with the IWIL membership? You can do so through IWIL's "Pay to Say." Go to www.iwil.biz, Resource Center, for the [Pay to Say form](#) and guidelines. Each announcement costs \$1.