


 iwil

 Illinois women
in leadership

together we will

PRESIDENT'S MESSAGE

“Sharing Experience/Assuring Success: Pay It Forward”

The April meeting is always a favorite of our members. It provides us an opportunity to see our involvement in the future. Our high school scholarship winners will be heading off to college next year and we have all been involved in a shared portion of assuring their success. These young women will undoubtedly make significant contributions in their chosen professions: Kate Havey talks passionately about having a career as a nurse, Kelly Samara is excited about a career in law or journalism, and Courtney Schroeder is enthusiastic about her career as a nurse anesthetist. Our Chrysalis scholarship winner Deidra Johnson is truly amazing as she balances work, motherhood, and obtaining her education so that she can obtain a position in a non-for-profit organization in the future. We should all feel very positive about Deidra as we have now provided a portion of support for two of her college years with this renewable scholarship. My thanks to Julie Zara and her committee for the many hours put into evaluating the applicants for these scholarships. And, thanks to Julie Zara, Julie Davis, and Sheryl Daugherty for conducting the interviews to narrow the applicants to the final award recipients. It is rewarding to contemplate the number of women we have helped with education in the past and those that we will be able to help in the future. Thanks go to all of our members who annually support our scholarship fundraising efforts.

Congratulations to our Diamond Award winner Sarah Delano Pavlik. It is always inspiring to hear about the accomplishments and contributions of one of our own. Sarah is truly a treasure to our community and I'm sure you all share my pride that she is an IWIL member. Thanks to Julie Davis for her efforts with the award selection process.

I look forward to seeing you at the May meeting. From the teaser that Darlene Weaver presented at the April meeting I suspect this is going to be an interesting and fun presentation.

Theresa Boley
IWIL President

2011 IWIL CALENDAR

MAY

Date: Thursday, May 19, 2011
Time: 11:30 a.m.
Location: Sangamo Club
Program: Emily Post is dead...now what?

JUNE

****DATE CORRECTION****

Date: Thursday, June 30, 2011
Time: 5:30 p.m.-7:30 p.m.
Location: Julie Zara's Home
24 Georgetown Road
Sherman, IL 62684
Program: Annual Meeting with a funky
flip flop contest
Fee: \$18 for all and guests are
invited

Thanks go to...

The IWIL Board of Directors would like to thank all the people who have reached out this year to help on various committees. Your extra time and efforts put forth are so very much appreciated. You have helped narrow down scholarship recipients, mentored a new member, written articles for the newsletter, decorated for Festival of Trees, worked the registration desk, planned activities for socials, donated prizes for auctions, and so much more. We appreciate all your dedication to making our organization an even better one.

[April's Awards Meeting Recap](#)

The April meeting was all about celebrations and honoring five amazing women! Julie Zara and her scholarship committee had the task of narrowing down the applications of high school graduates, choosing 3 scholarship winners and choosing a great role model in the Chrysalis Award. Each of these women receives a \$1000 scholarship to go towards their education endeavors.

Below is a brief description of each graduating senior and their amazing accomplishments:

Kathryn Havey, a student at Sacred Heart Griffin with a 3.5 GPA. Kate is a Gold Cup Awards winner for her outstanding piano skills. She is VP of SHG's Drama Club, involved with dance, school musicals, and German club. She has volunteered at Memorial Medical Center's Festival of Trees, Springfield Art Association, and SHG Works Community volunteer. Kathryn plans to attend University of Louisville in Kentucky and pursue a degree in nursing.

Kelly Samara attends Springfield High and ranked 12th in the class of 353 students with a 5.5 GPA on a 4 point scale. She is the president of her class, member of NHS and is an Illinois State Scholar. She is involved in Environmental Club, Spanish Club, Math Club and Isolation in the Technology Age. Kelly has been accepted into the "University of IL James Scholar Program" at the U of I. She plans to receive a degree in law or journalism.

Courtney Schroeder is a student at New Berlin High School. She ranks 2nd in her class and has a 3.9 GPA on a 4 point scale. She has many awards and honors and is president of Student Council, SADD, Art Club, Key Club, and FCA. She is also very involved in her high school sports, and has played basketball and softball teams for 4 years. Courtney has volunteered for UCP, Friend in Deed, Relay for Life, Cookies and Cards for soldiers, Cystic Fibrosis, and APL fundraising efforts. Courtney plans on attending Baylor University and has a career goal of becoming a Nurse Anesthetist.

Congrats Kathryn, Kelly and Courtney!

Pictured below: Kathryn Havey, Kelly Samara, Courtney Schroeder



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[2010-2011 Board](#)

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IWIL NEWS

April's Awards Meeting Recap Continued

2011 IWIL Chrysalis award

Deidra is a full time student at the University of Illinois in Springfield where she continues to work towards her Bachelor's degree in Communications and Public Relations. Deidra will be graduating from college in May of 2012. Upon graduation, her dreams and desires are to work with a non-for-profit organization as the Director of Public Relations. Also, Deidra plans to continue her studies following graduation at UIS for she wants to obtain her Master's Degree. Currently, Deidra works 15 – 20 hours a week at the UIS library; amazing to me is that she does all of this on top of raising her two small children, as a single mother. Deidra; is truly an inspiration to us all!

2011 IWIL Diamond Award Winner: Sarah Delano Pavlik

The Diamond Award was presented today to a woman who exemplifies the IWIL Credo in her everyday life. She is highly respected by her professional peers and has served her professional Association in many ways.

She provides her professional service free of charge to individuals and organizations that would not otherwise have access to her type of services.

She has played a leadership roll with: Catholic Charities, Old State Capitol Art Fair, American Heart Association, Ursuline Academy, Blessed Sacrament Finance council, and Brother James Court. She is a Capital Township Trustee and incoming President of the Sangamo Club.

In her application she stated "I am honored when someone notices my contributions, but I do not need any recognition to be happy with what I do."

Congratulations Sarah! A very well deserved appreciation of your community efforts.

A very special thanks goes to Giganti and Giganti Jewelers for donating the diamond necklace presented to Sarah Delano Pavlik. Their support of IWIL and their community is outstanding!



Deidra Johnson, Theresa Boley



**Theresa Boley, Sarah Delano Pavlik,
Julie Davis**



IWIL CREDO

"I WILL...

make things happen,
promote professionalism,
seek educational opportunities,
mentor,
participate,
encourage others,
climb the ladder,
empower others,
educate the world,
make a difference,
do more than my part,
provide the initiative,
take action,
implement ideas,
be involved in the process,
give back to the community,
and leave a legacy."

IWIL Survey – Please do us the favor of responding to the survey that was emailed out on April 15. The answers are totally anonymous and we really appreciate your feedback. The survey will be open until May 6 or until we get 100 responses, whichever comes first. If you would like the survey link sent to you again, please email Sarah Beuning sbeuning@tomlange.com – thanks.

Mentoring – You Know You Want To! So far this year, we have had 29 new members join IWIL, and each has had a current member as a Mentor who has met her for lunch or coffee to talk to her about IWIL and be sure she understands all the opportunities to get involved. Wouldn't you like to get to know a new member and ensure that she is properly welcomed to IWIL? Of course you would! To volunteer, please contact Sarah Beuning at sbeuning@tomlange.com

IWIL NEWS

Pay to Says

Tracy Maras has been selected as the featured artist at the **Prairie Art Alliance** for the month of June. The opening reception is on May 21st from 5:30 - 7:30 p.m. at the Hoogland Center for the Arts. The reception is free and everyone is welcome! Refreshments are provided.

The **American Diabetes Association** is looking for riders and volunteers to help Chase Down a Killer! The Tour de Cure is May 21st. Sign up to ride your bike on the tour or volunteer to cheer riders on as they ride to raise funds to help find a cure and support Camp Granada! Contact **Laura Ann Wilson** at 875-9011 for more details.

United Cerebral Palsy Land of Lincoln is in need of volunteers for the LPGA State Farm Classic in the Volunteer Hospitality Tent serving food and drinks, Thursday, June 9th through Sunday, June 12th. Please contact **Rene Fein** for more information at 525-6522.

Girl Scout day or resident camp is a great choice for your daughter or granddaughter. Contact **Jamie Osborne** at 241-3734 or visit www.girlscouts-gsci.org for more information about summer camp!

Springtime is gift time! Easter, weddings, graduations, Mother's Day, baby showers, Father's day...Anytime is perfect for **Mary Kay**. Contact **Carla Mayernick** at 652-3223 for you customized gift!

Book Club

Thanks goes to Julie Davis for hosting last month! This month we are reading *The Lace Reader* by Brunonia Barry and will be meeting at Sheryl Daugherty's house, 1629 Appalachian Trail, Rochester on May 12th. Contact Val Yazell at valerayazell@hotmail.com for more information.

Welcome new members

Please welcome **Sadie Smith**. Sadie is an Account Executive at WCIA-TV as well as the Owner/Designer of Architrave Design. She has volunteered with Big Brother Big Sisters in the past. She is looking forward to networking and building lifelong relationships in the Springfield community through IWIL.

Please welcome **Jill Bohm**. Jill is a Human Resource Associate for the State of Illinois as well as a Realtor for Coldwell Banker. She has also enjoyed volunteering for Big Brother Big Sisters. She is new to Springfield and looks forward to meeting professional women and becoming more involved in the community.

Congrats to...

Congratulations goes out to Laura Ann Wilson on her new position. She is now the Associate Manager at American Diabetes Association. Great work Laura Ann!



Name: Betsy D. Carlson, 55

Profession and how you got started. In nursing, I got started in high school when I was a candy striper; from then on, it was just a matter of schooling.

Education: BSN from University of Texas Health Science Center at Houston, School of Nursing
MSN/MPH from University of Texas Health Science Center, School of Nursing/School of Public Health
PhD from University of Texas Health Science Center, School of Nursing

Tell us about your family. I have four children: Jeremy and wife Dana live in Houston and have the cutest baby you ever saw: Maximillian Aiden Carlson born 12/26/2009. I'm also married to the best husband a woman could ask for, Gary Adair; a later life marriage. We've been together 10 years and he has lived through 4 children going through their teenage years, putting them through college, my breast cancer, but finally, everyone seems to be settling down into adulthood.

Describe any civic/professional groups you belong to. Locally, I'm a member of the Illinois Society for Advance Practice Nurses and work on the Government Relations committee. I also volunteer with the American Cancer Society's Western Region ACT Team. On a national level, I'm involved with a number of professional organizations including the American Nurses Association, the American Academy of Nurse Practitioners, and the American Academy of Home Care Physicians.

List your hobbies: I didn't know I had time for hobbies....but, yes, we moved to Springfield 4 years ago and bought a 60 year old house in Leland Grove. This year we've really started to focus on the garden and I hope to see lots of blooming bulbs in the spring. My husband, Gary, and I also like to cook together and attend local auctions picking up antique furniture.

Favorite quote: If you can't be good; be careful! (from my sister – the “fun” aunt).

List 3 adjectives that describe you. Tenacious, Independent, Compassionate

What do you want to be when you grow up? I want to be an entrepreneur, building an independent nurse practitioner organization that serves as a platform for optimizing physical, functional, and psychological outcomes for older adults in Sangamon County.

What are your favorite subjects in school? Anything to do with health and research.

Name 2 characteristics you look for in a leader. Listening skills and Trustworthiness

Who served as a role model to you? I've had many wonderful mentors and role models, but I would say that there were two nursing professors who had a profound impact on my life: Deanna Grimes and Joan Engebretson. They are as different as night and day, but they are good friends and respect each other's point of view.

What would you attempt if you knew you could not fail? I'm not sure; I'm not afraid of failing so I've already done a number of things that would have fallen into that category.

What would you like to teach others about? I teach graduate courses to nursing students or other health professionals. What I love to teach is research and theory courses, because what we are really trying to get front line clinicians to pay attention to is providing evidence-based practice.

What super-power would you most like to have, and why? Flying for free; then I could go anywhere, anytime, and not have to worry about the money. I love to learn and I love to travel.

If you could travel anywhere in the world where would it be? I'm going to Rome in February; that has been one of my all time goals.

If you could spend an ideal day without monetary constraints what would it be? I do that all the time. Spend it with my family!

What do you want to be doing in ten years? Director of Research for Springfield Elder Care

****Recent updates:** A major inclusion in my life is that I have been diagnosed with metastatic breast cancer and will be undergoing treatment at Siteman's Cancer Center. In spite of that, I'm so excited to have won a scholarship to attend the National Breast Cancer Coalition's Annual Advocacy Training Conference in Washington, DC April 30 – May 3 2011.