


iwil
**Illinois women
in leadership**
together we will

IWIL CALENDAR 2007

JULY

Date: Thursday, July 19
Time: 5:30 to 8:00 p.m.
Location: Sheryl Daugherty's Home, 1629 Appalachian Trail, Rochester
Program: IWIL Summer Social "Puttin' Your Best Foot Forward!"

AUGUST

Date: Thursday, August 16
Time: Luncheon (11:30 a.m.)
Location: Inn at 835
Program: "Leadership and Direction" with Mike DiCenso, President of Retirement Services, Arthur J. Gallagher & Co.

SEPTEMBER

Date: Thursday, September 20
Time: Breakfast (7:30 a.m.)
Location: Sangamo Club
Program: "Re-Inventing Yourself" with Linda Castor, R.N., Psychotherapist and Wellness Consultant, Weight Plan for Life

OUR ORGANIZATIONAL PURPOSE

FROM THE IWIL BYLAWS

IWIL exists to promote professionalism and to develop members' leadership and management abilities. This is done through education, mentoring, networking, member participation, encouragement and support, friendship and community involvement. Learn more about IWIL online at www.iwil.biz.

PRESIDENT'S MESSAGE

"To Infinity and Beyond"

Karen Loeb Westbrook, IWIL President

I am looking forward to my year as president with great enthusiasm. I have chosen the theme "To Infinity and Beyond" because I truly believe that this organization with its talented membership has the potential to help any woman take the steps necessary to reach her next goal, professional and/or personal.

By way of introduction, I am a child of the '60s who has a mom who encouraged me to be anything I wanted to be. My dad was shocked when I quit teaching to work as a health consultant earning money only when I brought in contracts. But mom was supportive and the rest is history.

I was lucky enough to be introduced to Jim Edgar by a mutual friend. At the time, he was looking for someone who could develop his anti-drunk driving initiative for his first campaign. I ended up working in state government for almost 21 years. I currently work for a national defense contractor as a consultant developing and marketing homeland security technology. My office is in Dayton, Ohio. I work out of my home employing a variety of technologies to complete my tasks.

You will find that not afraid to try new things. We will be running the meetings a little differently to provide our speakers more time and you with more information about IWIL. I am open to new ideas, comments and criticism. I look forward to joining me on this journey through participation in IWIL at the meetings and on committees. I would like to thank Rachel for leading this organization last year. Under her guidance, the membership has grown substantially. I appreciate all the time and energy she devoted to IWIL.



IWIL CREDO

"I WILL...make things happen, promote professionalism, seek educational opportunities, mentor, participate, encourage others, climb the ladder, empower others, educate the world, make a difference, do more than my part, provide the initiative, take action, implement ideas, be involved in the process, give back to the community, and leave a legacy."

GREEN BEAN CASSEROLE

(SEE JUNE MEETING RECAP FOR WHY THIS IS HERE!)

1 can (10 3/4 ounces) condensed cream of mushroom soup
3/4 cup milk
1/8 teaspoon black pepper
2 packages (9 ounces each) frozen cut green beans, thawed, or 2 cans cut green beans, drained
1 1/3 cups canned french-fried onions
Preheat oven to 350 degrees.
Combine soup, milk and pepper in 1 1/2-quart baking dish. Stir until blended. Stir in the green beans and 2/3 cup of the onions. Bake at 350 degrees for 30 minutes or until hot. Stir. Sprinkle the top with the remaining 2/3 cup onions. Bake 5 minutes more. Yield: 6 servings.

TWINKIE LASAGNA (AGAIN, SEE JUNE MEETING RECAP!)

8 Twinkies
3 bananas
8 ounces raspberry jelly (heated, if necessary to make it easier to spread)
8 ounces sweetened shredded coconut (toasted in 350-degree oven for a few minutes)
Unwrap Twinkies and cut in half lengthwise. Arrange halves in bottom of an 8-by-8-inch square baking dish. Slice the bananas into thin rounds and layer half of them on top of the Twinkies. Top with half of the raspberry jelly, spreading to the edges of the pan. Repeat the Twinkie layer with the other 8 halves, another banana layer and a second layer of raspberry jelly. Sprinkle the top with the shredded coconut to create the appearance of "cheese." Chill and serve. Serves 6 to 8.

JUNE MEETING RECAP

"Candlelight Dinners to Twinkies: Writing for a Daily Newspaper"

Guest Speaker: Kathryn Rem, Food Editor, *The State Journal-Register*

Kathryn Rem has been the food editor and a columnist for *The State Journal-Register* for seven years, and has been with the newspaper for 13. She grew up in Chicago, earned her bachelor's degree in English and Journalism at Western Illinois University and her master's degree in Journalism from the University of Wyoming. Rem has won the Copley Ring of Truth Award and the Associated Press Feature Writing Award. She's an Illinois-licensed food service sanitation manager and a graduate of Leadership Springfield. She's lived in Springfield more than 30 years and has been a member of IWIL and its predecessor organization for 20 of those years.

Rem started her talk with a dilemma. She once published a green bean casserole recipe in the newspaper and one reader scolded her for printing such a "low-brow recipe." Another reader wrote to say thanks since she had lost her recipe for this classic dish.

"It's challenging to write a food column for a daily newspaper that appeals to a wide range of readers, from 'foodies' to the novice who wants something quick and easy for the dinner table," said Rem. In her experience she has learned that 1) readers like recipes, 2) recipes should be easy, and 3) and not all who read the column cook so it's good to include stories about restaurants, food shopping and entertaining. One recipe that received many favorable responses from readers was—believe it or not—a recipe for Twinkie Lasagna (a dessert).

Rem says she usually doesn't use her column to advocate but she has taken up some important causes. Something she is most proud of is the revival of the downtown farmer's market, which features locally grown food. It's located on Adams between 3rd and 5th streets Wednesdays and Saturdays, 8 a.m. to 1 p.m. Other causes she's written about include air conditioning for the Food Building at the state fairgrounds (done!), the smoking ban (passed!), Sunday a.m. liquor sale ban (repealed!) and a 300+ signed petition for Springfield to get a Trader Joe's. Regrettably, Rem reports that her contacts at Trader Joe's corporate say the food store is expanding to Atlanta and New York City before it come to us.

Rem's Best Local Places for Hard-to-Find Ingredients

- Apple Barn
- Food Fantasies
- Humphrey's Market

Rem's Favorite Food Web Sites

www.allrecipes.com
www.marthastewart.com
www.epicurean.com
www.foodnetwork.com

SPECIAL INTEREST GROUPS (SIGs)

Want to network more with other Illinois Women in Leadership members by sharing a more personal side of yourself?

Volunteers have started small special interest groups (SIGs) that meet outside the time constraints of our monthly meetings. If you want to join or start a group, contact **Karen Westbrook** at 787-1059.

Book Club

Marianne Jackson, 217-498-8962
See the [IWIL online calendar](#) for schedule and current reading selection.

Gardening

JoAnn Abrams, 217-546-2249 or
jabrams@rmc-bigcnc.com

Golf

Sharon Thornton Knop, 217-496-3050 or Mallorie Teubner, 217-496-3119

Gourmet

Susan Fulks, 217-483-2774

Hiking

Viv Bennett, 217-622-8976 or
viv8976@insightbb.com

Scrapbooking

Viv Bennett, 217- 622-8976 or
viv8976@insightbb.com

Support Group for Members with Aging Parents – LOVE

Marianne Jackson, 217-498-8962

The Underwires

Mary Mann, 217-525-3000 or
mary.mann@rsmi.com

MORE IWIL NEWS

WILL THIS BE YOUR LAST NEWSLETTER?

MEMBERSHIP RENEWALS DUE JUNE 30

Say it isn't so! Renewals for the 2007-2008 fiscal year of Illinois Women in Leadership were due June 30. As this newsletter is being sent July 1, everyone who is in the database from last year will receive it. If we have not received your renewal postmarked by June 30, your name will be dropped from the database. Please don't let this happen! You are an important part of the team and spirit that makes this such a diverse and strong organization. Contact Membership Chair **Linda Nickerson** with any questions about your renewal at 217-483-6213.

WHAT IS A TRAIT OF A GOOD LEADER?

IWIL MEMBERS TALK IT UP

Connie Anderson DiCenso

President, CoCo Pies and Confectioneries Inc.

"I believe the number one trait of a good leader is the ability to motivate people to be the very best that they can be. This creates a win/win situation for all involved."

Jill Leka

Partner, Seyfarth Shaw LLP

"Good leaders demonstrate leadership and give people direction but also give them room to develop their own leadership style."

Ann Londrigan

Senior Editor, Illinois Association of REALTORS®

"The best leaders lead by example."

HOW DO I SUBMIT A "PAY TO SAY?"

KEEP IT BRIEF...AND OTHER GUIDELINES FOR MEMBER ANNOUNCEMENTS AT IWIL MEETINGS

"Pay to Say" announcements are for member recognition or upcoming events, not business promotions, and please remember to keep it brief!

You can find a Pay To Say form online at www.iwil.biz, Communications. Just write your information in the space provided and get it to the IWIL Communications Chair, **Ann Londrigan** (alondrigan@iar.org), along with \$2 per announcement so it can be read at the next IWIL meeting. Here are more Pay to Say guidelines (effective August 2006):

- Announcements should be limited to 50 words.
- The first 10 submissions will be read at the meeting; all others will be included in the following month's newsletter.
- The cost for each Pay to Say will be \$2.
- No more than two (2) Pay to Say items per person each month.
- The Communications Committee shall have final say.
- Submissions shall be made each month – no repeats.

ILLINOIS WOMEN IN LEADERSHIP

P.O. Box 5612
Springfield, IL 62705-5612
info@iwil.biz
www.iwil.biz

EXECUTIVE BOARD

President – Karen Loeb Westbrook

Immediate Past President -
Rachel Broughton

Vice President – Annette Piper

Secretary – Sharon Thorton Knop

Treasurer – Sheryl Daugherty

COMMITTEE CHAIRS

Communications - Ann Londrigan

Directory – Brenda Shutz

Hospitality – Carlissa Puckett

Membership – Linda Nickerson

Mentoring – Janice Hahn

Program – Kathleen Stevens

Public Relations – Eileen Kluckman

Registration - Aissa Bell

Scholarship – Jill Leka

Website – Theresa Boley

“To Infinity and Beyond”



Send your **IWIL news** to
info@iwil.biz!

If you wish to opt-out of future e-mail communications, please let us know by sending a message to info@iwil.biz and you will be added to the snail mail list.

Newsletter design IWIL's Sharon Hewitt, Hewitt Graphic Design

SOMETHING TO TALK ABOUT

Announcements & IWIL Member News

The **LPGA State Farm Classic** is getting closer. Several opportunities are still available for you to choose from. Do not miss your opportunity to play golf with a professional player in the Pro Am. Enroll your child in the LPGA Junior Clinic. Your child will receive special instructions from several golf professionals. You still have time to volunteer and enjoy watching golf first hand. All of the proceeds go to different charities in central Illinois.

Hickory Glen (a Distinctive Community for those over 55) hosted the first of many wine tastings featuring Illinois wineries in June. Learn more about Hickory Glen, 1700 W. Washington Street, at 217-793-0431.

IWIL TAX STATUS

The IRS has granted IWIL 501(c)(3) tax exempt status. Membership dues, contributions and donations are tax deductible.

PRE-PAY AND SAVE!

IWIL is offering its members the opportunity to receive a discount on the monthly IWIL programs for 2007-2008 by pre-paying for eight (8) breakfast and lunch meetings. The pre-pay cost will be \$15 per meeting or \$120. The regular meeting cost will be \$17 with an additional \$5 fee for walk-ins.

You can pre-pay by sending a check when registering for the July Summer Social or August regular meeting. **Payment must be received before August 17th to be eligible for the discount.** Find the line-up of 2007-2008 programs online at www.iwil.biz, Calendar & Events.

MARK YOUR CALENDAR!

NEXT IWIL PROGRAM

When: 11:30 a.m., Thursday, August 16, 2007

Where: Inn at 835, 835 South Second Street, Springfield

Topic: “Leadership and Direction”

Speaker: **Mike DiCenso, President of Retirement Services, Arthur J. Gallagher & Co.**

One of the many roles of leadership is to strategically direct an organization. How do you accomplish that feat? Find out by listening to our speaker in August, Mike DiCenso.

Cost: \$17 Members, \$18 Guests, \$22 at the door

Reservation forms can be found on the IWIL Website, www.iwil.biz, Calendar & Activities.



ILLINOIS WOMEN IN LEADERSHIP SUMMER SOCIAL

Puttin' Your Best Foot Forward!

When: Thursday, July 19, 2007

Time: 5:30 p.m. to 8:00 pm

Place: Sheryl Daugherty's Home, 1629 Appalachian Trail, Rochester

Cost: \$20

IWIL is celebrating summer with its annual summer social – Puttin' Your Best Foot Forward! So wear your prettiest, flashiest, funniest flip flops. **Come casual and be ready to have fun!** Your registration includes a buffet summer salads and fruits, lemonade and one drink ticket for beer, wine or soda. Sheryl has a pool so feel free to wear your swimsuits.

Member Name _____

Amount Enclosed \$ _____

Please mail reservation form and payment to:

ILLINOIS WOMEN IN LEADERSHIP
ATTN: AISSA BELL
517 RICHMOND DRIVE, CHATHAM, IL 62629



Reservations are due by July 12, 2007

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