

iwil

Illinois women
in leadership*together we will***IWIL CALENDAR
2006****AUGUST**

Date: Thursday, August 17
Time: Luncheon (11:30 a.m.)
Location: Inn at 835
Program: "Women and Heart Disease: Lighting the Path to a Healthier Future" with Holly Novak, M.D.

SEPTEMBER

Date: Thursday, September 21
Time: Breakfast (7:30 a.m.)
Location: Sangamo Club
Program: "Shining Light on the Subject: Becoming President of LLCC" with Charlotte Warren, PhD

OCTOBER

Date: Thursday, October 19
Time: Luncheon (11:30 a.m.)
Location: Inn at 835
Program: "Lights, Camera, Action: Setting the Stage for Entertaining" with Desiree Logsdon

NOVEMBER

Date: Thursday, November 16
Time: Breakfast (7:30 a.m.)
Location: Sangamo Club
Program: TBA

DECEMBER

Date: TBA
Time: 5:30 p.m. – 8:30 p.m.
Location: TBA
Program: IWIL Holiday Social and Silent Auction

PRESIDENT'S MESSAGE**"LIGHTING THE WAY"****RACHEL BROUGHTON, IWIL PRESIDENT**

Driving home from an IWIL social I wondered, "How in the world will the hospitality committee top this one?" but a few months later, another social rolls around and we have another winner! *Fiesta De Illumincoan* was a cool gathering on a hot night set at Sheryl and Cary Daugherty's beautiful home. My hat (sombbrero, of course) is off to all who made it so delightful!

While walking downtown this week noting the changes taking place (al fresco dining at several restaurants, increase in the number of visitors to the plaza area amid the new flowers and landscaping) I was thankful to be savoring this visual treat. Later while visiting with a group of girl friends, we covered the topics that are currently impacting our lives: a lost job, a child's wedding, a health challenge, a child's promotion. Whether the news was good or bad, knowing that we could freely share with one another and feel support made the concerns lighter and the joys brighter. IWIL is a network that spotlights valuable information on how we can live our **best life** while **supporting** each other.

This month's program "*Women and Heart Disease: Lighting the Path to a Healthier Future*" addresses an issue that impacted my life a year ago. Did I believe I would have a heart attack? No! Did I realize a burning sensation from my wrists to my elbows could be a sign of a heart attack? No! Did I have a reasonable explanation for the chest pain I'd been having? Yes-- I'd increased my repetitions using weights in the pool...maybe too many? I sincerely hope that none of you face what I did but data proves that heart disease is the leading killer of women. At the August 17th meeting Dr. Holly Novak will enlighten and inspire us on how to improve our odds and beat the statistics!

**PRESIDENT'S CHALLENGE**

Breakfasts are at the Sangamo Club and luncheons at the Inn at 835. I'm encouraging each of you to think of at least one person who is a possible candidate for membership and invite her to the next IWIL meeting.

IWIL CALENDAR 2007

JANUARY

Date: Thursday, January 18
Time: Lunch (11:30 a.m.)
Location: Inn at 835
Program: "I Can't Be A Beacon If My Light Don't Shine: Mental and Physical Health" with Bridgett Cutler

FEBRUARY

Date: Thursday, February 15
Time: Breakfast (7:30 a.m.)
Location: Sangamo Club
Program: "Shine Your Light with Philanthropy" with John Kelker

MARCH

Date: Thursday, March 15
Time: 5:30 p.m. – 8:30 p.m.
Location: TBA
Program: TBA

APRIL

Date: Thursday, April 19
Time: Breakfast (7:30 a.m.)
Location: Sangamo Club
Program: IWIL Scholarship and GEM Awards

MAY

Date: Thursday, May 17
Time: 5:30 p.m. – 8:30 p.m.
Location: TBA
Program: IWIL Annual Meeting

JUNE

Date: Thursday, June 21
Time: Lunch (11:30 a.m.)
Location: Inn at 835
Program: TBA

JULY 2006 MEETING RECAP

"IWIL SUMMER SOCIAL: FIESTA DE ILLUMINCOAN"

THE SKIES CLEARED, POWER WAS RESTORED AND EVERYONE ENJOYED ONE HOT, STEAMY NIGHT AT THE IWIL SUMMER SOCIAL



Despite a thunderstorm, power outage and heavy rains a mere 24 hours before the festivities were to begin, the **3rd Annual IWIL Summer Social** went off without a hitch.

As everyone entered the lovely home of **Sheryl** and **Cary Daugherty** in Rochester, Illinois they found themselves surrounded by piñatas, sombreros and beautiful floral arrangements which set the evening's theme of a Mexican fiesta.

A good time was had by all as they either mingled inside around the beautiful tiled recreation room and bar or were poolside on the outdoor patio. Thanks to the generosity of **Arizona Tile Company** and the creativity of the **IWIL Hospitality Committee**, everyone took home a decorative mosaic trivet and magnet to commemorate the evening.

Congratulations to **Mary Kay Allison** and **Debbie Cimarossa** who took home the beautiful mosaic tile plaques given away during the early bird drawing.

A special thank you to our Hospitality Co-Chairs **Sheryl Daugherty** and **Carla Mayernick** and their committee members **Aissa Bell**, **Theresa Boley**, **Marty Chapman**, **Karen Harris**, **Jean Bruner-Jachino**, **Marianne Jackson**, **Eileen Kluckman**, **Amee Lee**, **Carlissa Puckett**, **Angie Schiena**, **Sally Sevener**, **Cheryl Western** and **Susan Wilcockson** for a fun and festive evening.

MARK YOUR CALENDAR!

NEXT IWIL PROGRAM

When: Thursday, August 17, 2006
11:30 a.m.

Where: The Inn at 835
835 South Second Street, Springfield, Illinois

Topic: "Women and Heart Disease: Lighting the Path to a Healthier Future"

Speaker: Holly Novak, M.D.

Cost: \$14 Members; \$15 Guests; \$20 at the door

SPECIAL INTEREST GROUPS (SIGs)

Want to network more with other IWIL members by sharing a more personal side of yourself?

Volunteers have started small special interest groups (SIGs) that meet outside the time constraints of our monthly meetings. If you want to join or start a group, contact **Karen Westbrook** at (217) 787-1059.

Book Club

Val Yazell, (217) 546-3860
See the [IWIL online calendar](#) for schedule and current reading selection.

Gardening

JoAnn Abrams, (217) 546-2249
e-mail jabrams@rmc-bigenc.com

Golf

Mary Schaefer, (217) 529-2600

Gourmet

Susan Wilcockson, (217) 483-2774

Hiking

Viv Bennett, (217) 622-8976
e-mail viv@springnet1.com

Scrapbooking

Julie Krehbiel, (217) 546-6112 (work)
or (217) 546-0576 (home)

Support Group for Members with Aging Parents - LOVE

Marianne Jackson, (217) 498-8962

The Underwires

Mary Mann, (217) 525-3000
e-mail mary.mann@rsmi.com

Watercolor Painting

Shirley Caldwell Smith, (217) 529-6959
e-mail caldwellsmith@sbcglobal.net



"Lighting the Way"

SOMETHING TO TALK ABOUT

AN INVITATION TO PARTICIPATE IN "THE UNDERWIRES" SIG

The Underwires SIG was created in 2005 to offer a variety of support efforts in the local community. Kate Hein, the original leader of the Underwires, described her vision on the IWIL website as follows:

"The Underwires is a support group for members and non members. As a general rule, there will be no meetings, but the idea is if anyone has a reason to reach out to us, in good times or bad, we want them to know that we are here to shout and sing or quietly offer our support. We'll be doing so with cards, calls, quiet reflection, visits if they want, food if they want, and emails. Confidentiality will be respected upon request. If you want to submit a request on behalf of someone else, joys and celebrations are good to share, but those requests of concern should be cleared through the individual first before sending them on to us."

As one of the Underwires this past year, I wrote a few notes and said lots of prayers for people I knew and others I didn't. This year, "IWIL" accept the coordinator's duties for the group, and I invite my IWIL sisters to remember the Underwires as a source of celebration and caring. Please know that we will maintain as much confidentiality as you wish.

If you want to be part of the Underwires SIG, contact **Mary Mann** at 522-3000 or by e-mail at mary.mann@rsmi.com.

ANNOUNCEMENTS & IWIL MEMBER NEWS

IWIL members, **Maria Leka**, **Donna Rodgers** and **Sally Sevenser**, had a lot to celebrate during **The Greater Chamber of Commerce 2006 Small Business Awards** luncheon held at the Crowne Plaza on Thursday, June 29, 2006.

Maria Leka, Owner, **Max Karpman Furs**, was not only nominated, but was presented with **The Greater Chamber of Commerce 2006 Small Business Award** under the category, **Sales Up to \$1 Million**, in recognition of outstanding performance through innovation, growth, staying power and contributions to the community (established in business for six or more years). Congratulations Maria!

Both **Donna Rodgers**, SPHR, Owner, **Rodgers HR Consulting** and **Sally Sevenser**, Owner, **Sally's Organizing Service** were nominated under the category of **Home-Based Business Owner of the Year** for recognition of an owner whose business is based in the home for more than two years.

Congratulations to all of the ladies for their continued hard work and dedication. We are all very proud of your recognitions!

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EXECUTIVE BOARD

President – Rachel Broughton
President Elect – Karen Westbrook
Secretary – Ann Londrigan
Treasurer – Annette Piper
Immediate Past President - Val Yazell

COMMITTEE CHAIRS

Communications – Eileen Kluckman
Directory Co-Chairs –
Gay Davidson & JoDeen Roley
Hospitality Co-Chairs –
Sheryl Daugherty & Carla Mayernick
Membership – Cheryl Western
Mentoring – Connie Anderson DiCenso
Program Co-Chairs –
Theresa Boley & Jackie Newman
Public Relations – Linda Waldron
Registration/Nametags -
Sally Sevener
Scholarship – Sharon Thornton Knop
Website – Mallorie Wamsley Teubner



"Lighting the Way"

Send your **IWIL news** to
info@iwil.biz!

If you wish to opt-out of future e-mail communications, please let us know by sending a message to info@iwil.biz and you will be added to the snail mail list.

MORE IWIL NEWS AND RESOURCES

WHAT IS YOUR FAVORITE QUOTE? IWIL MEMBERS TALK IT UP

Kathy Ascher
Leadership/Management/Customer Service Specialist
"Life is what happens when you're making other plans."
--John Lennon

Page Burns
Supervisor, AIG American General
"Alone we can do so little, together we can do so much." – Helen Keller

Joyce Fikri
Nutrition Educator/Information Coordinator
St. Louis Dairy Council
"I'd rather have roses on my table than diamonds on my neck."
– Emma Goldman

Eileen Kluckman
Owner, Eileen Kluckman Designs
"Make the most of yourself for that is all there is of you."
-- Ralph Waldo Emerson

Sharon Thornton Knop
Systems Manager, State Farm Insurance
"Being in power is like being a lady. If you have to tell people you are, you aren't." -- Margaret Thatcher

Carla Mayernick
Senior Sales Director, Mary Kay Cosmetics
"For I know the plans I have for you, declares the LORD, plans to prosper you and not to harm you, plans to give you hope and a future."
-- Jeremiah 29: 11

NEW PAY TO SAY GUIDELINES EFFECTIVE AUGUST 2006

In an effort to reduce the time needed for **Pay to Say**, but also to be fair to all members, the following guidelines will take effect August 2006. The guidelines for Pay to Say state that these announcements are for member recognition or upcoming events, not business promotions. Please help us get back to the intention of the Pay to Say.

1. Announcements should be limited to 50 words.
2. The first 10 submissions will be read at the meeting; all others will be included in the following month's newsletter. You may email your announcement to our Communications Chair, **Eileen Kluckman** one week prior to each meeting.
3. The cost for each Pay to Say will be \$2.
4. No more than two (2) Pay to Say items per person each month.
5. Submissions shall be made each month – no repeats.
6. The Communications committee shall have final say.

Thank you so much for your cooperation in this matter.